



Chamber Member Spotlight

Dr. Shuck
FOOD is Medicine

Feel Like Yourself Again: Stronger, Healthier, and More Energized Than Ever.

If you're over 40, you've probably noticed it:

The energy isn't the same.

The weight's harder to lose.

Sleep isn't as deep.

And your body just doesn't bounce back like it used to.

But here's the truth, it doesn't have to be this way.

Dr. Rachel Shuck is an expert in integrative healthcare and clinical nutrition who specializes in helping men and women 40+ reverse the root causes of fatigue, hormonal imbalance, inflammation, gut distress, stubborn weight gain, and chronic discomfort.

Through a personalized, whole-body approach, she helps you restore balance, optimize your metabolism, and get your energy and vitality back, without the endless prescriptions, restrictive diets, or guesswork.

Whether you're dealing with brain fog, poor digestion, joint pain, mood swings, or that "off" feeling you can't quite explain, Dr. Shuck uses advanced nutritional strategies, functional testing, and natural therapies to help your body do what it's designed to do naturally: **HEAL**.

This isn't about "managing" symptoms.

It's about getting real answers *and* real results.

Her mission is simple:

To help you thrive in your 40s, 50s, 60s and beyond, with a body that is stronger, sharper, and more vibrant than ever, that has:

- More energy
- Balanced hormones
- A metabolism that works
- Restful sleep
- And a gut that feels good

If you're ready to stop guessing and start healing, this is your moment. Your next chapter of health starts here, with Dr. Shuck as your guide who knows the way.

- Learn more: www.drshuck.com
- Let's Get You Feeling Great Again- book an appointment **here: <https://l.btrr.to/1ug8m>**



Welcome to the



□ **Welcome to Our New Members!** □

□ **We've got BIG news!** □

In just the past week, we've welcomed THREE amazing new members into our Marshfield Chamber family! □

Help us give a warm Chamber welcome to:

- [Shine Through Faith](#)
- [FastDoc Urgent Care Centers of Missouri LLC](#)
- [The A Team Pressure Washing LLC](#)

We are thrilled to have these incredible businesses join our growing Chamber family!

We can't wait to work together to continue making our community an even better place to live, work, and thrive.



MARSHFIELD AREA
CHAMBER of COMMERCE
PROMOTING PARTNERSHIP *Together*

You Are Invited

Ribbon Cutting



May 2, 2025

12:30 PM

**450 Jordan Circle
Marshfield**

[Learn More](#)



MARSHFIELD AREA
CHAMBER *of* COMMERCE
PROMOTING PARTNERSHIP *Together*

You Are Invited

Ribbon Cutting



Rost ICF & Supply
May 3, 2025

11:00 AM

3788 State Hwy 00
Marshfield

[Learn More](#)

Ribbon Cutting



Saturday, May 3, 2025

2:00 PM

1329 Spur Dr Ste 160,
Marshfield, MO



[Learn More](#)



Missed the latest episode of Good Morning, Marshfield? No worries! Watch the latest episode or catch up on past ones here!

[Watch Here](#)





Thankful Thursday

This week, we're sending a huge THANK YOU to [Marshfield Electric](#) for going above and beyond to help get ready for the Cherry Blossom Festival!

As Rachel shared:

"There's always a long list of things to handle when preparing for a big event, and this week, Marshfield Electric went above and beyond. More than once, they stepped in without hesitation and took care of things that felt overwhelming to me —making everything happen smoothly. They jumped in, setting aside their own work to lend a hand—and I couldn't be more grateful. Thank you, Marshfield Electric, for your support and kindness!"

We're incredibly grateful for your willingness to bend over backwards to serve our community. Your dedication to our community and kindness does not go unnoticed.

We hope you enjoy your sweet treats from [Kneading Joy](#) —you've most certainly earned them!

Who do you know that goes above and beyond to serve our community?

Nominate them for Thankful Thursday

[Thankful Thursday Nomination](#)

Employers—There's Still Time!

The Marshfield Chamber Job Fair is just a few days away, and we still have room for a few more businesses to join us!

Date: Monday, May 5th, 2025

Time: 12:00 PM – 5:00 PM (Employer setup starts at 11:30 AM)

Location: Shook Elementary (180 State Highway DD, Marshfield)

FREE to participate

Direct access to local talent

Grow your brand and network in the community

This is your chance to meet motivated job seekers face-to-face and fill your open positions! Whether you're looking for full-time employees, part-time help, or summer staff—you'll find great candidates here.

Why join us?

Cost-effective recruiting

Strengthen your presence in the Marshfield area

Connect with other local businesses

Don't miss out on this opportunity to find your next star employee.

Want to join us or have questions?

Reach out to Rachel at director@discovermarshfield.com.

Employer Registration

JOB FAIR

May 5, 2025

12:00 PM – 5:00 PM

Shook Elementary
180 State Hwy DD, Marshfield

Participating Employers

- Marshfield Chevrolet
- Tyler Coupling
- United States Marine Corps
- Modern Pure Air
- Central Bank
- Label Solutions, Inc
- Wilson Logistics
- Coltrane Asphalt
- U.S. Army
- Bass Pro Shops
- Penmac
- Mary Kay
- Dept of Economic Dev.
- Price Cutter
- Fedx
- More Employers Added Daily



Mark your calendars for
Wednesday, May 14th, 2025, at 11:45 AM,
because opportunity is on the menu! ☐

Join us at Las Cazuelas (104 Wilson Way, Marshfield) for a fantastic networking lunch that's sure to spice up your connections. Delicious food and the chance to connect with fellow business. Whether you're a Chamber member or not, we're rolling out the welcome mat for YOU!

Don't miss this incredible opportunity to forge new partnerships, share ideas, and grow your business in a relaxed and friendly atmosphere. Ready to secure your spot at the table? It's easy! ☐

☐ [Register here](#)

□ Or simply scan the QR Code below!

We can't wait to see you there!



May Networking

May 14, 2025

11:45 am

Las Cazuelas

104 Wilson Way, Marshfield

Register Here





WE ARE MOVING!

Due to remodel

City Hall is moving to the

City Annex

915 S Marshall St

Marshfield, MO 65706

Payments during this transition can be made
online or the night drop of the City Annex

www.marshfieldmo.gov

417-859-2352



□ Applications are open for the 2025 Torch Awards for Ethics! □

Tag a local business that you think fits the following:

- Leads with CHARACTER
- Builds a strong CULTURE
- Puts CUSTOMERS first
- Supports the COMMUNITY

□ Deadline: May 23, 2025

Businesses can apply at

<https://www.cognitofrms.com/BBBForms/2025TorchAwardsForEthicsApplicationForm>



**Torch**
AWARDS
BBB *for* **Ethics** SM

 **Choices** pregnancy center™

Made
in
His Image

GENESIS 1:27



**NATIONAL DAY
OF PRAYER**

MAY 1 • 5:30 PM

WEBSTER COUNTY COURTHOUSE
101 S. CRITTENDEN, MARSHFIELD, MO

ALL ARE WELCOME! COME AND PRAY
WITH US FOR PRE-BORN BABIES,
THEIR PARENTS, OUR COMMUNITY,
AND NATION.



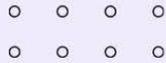
Interested in joining the Pyxis Performance Team next season? Come to our clinic Friday, May 2nd from 5:00–6:00 PM to get a feel for what it's all about—leadership, community performances, and so much fun. For all friends 1st grade and up, no experience required, all are welcome! ☐ No commitment, just come try it out! Let us know you're

TRUE NORTH



MOVEMENT

coming: <https://forms.gle/c4tBAwD2nzBswP669>



PYXIS PERFORMANCE TEAM

TRYOUT CLINIC

 **5:00-6:00**

MAY 2ND

Come see what being
on the team is all about!



**JOIN THE
FUN!**





Rost Pool & Supplies Grand Opening!

Join us for an exciting day as we celebrate the grand opening of the new Rost Pool & Supplies building! Get a chance to meet some of our amazing vendors and learn more about what we're all about.

There will be fun activities for the kids and FREE food served from 11-2 (or until it's gone!). Don't miss out on this perfect opportunity to explore our brand-new space!
We can't wait to see you there!

[Event Details](#)

Bake Sale

HUGE SALE!

*Clothing, household
items, yard/garden*

Quilt Raffle

SAT MAY 3RD

SON RISE CHURCH

673 JUMP RD 7AM-3PM

*Something for
Everyone!*

Revive & Thrive EVENT

May 3, 2025

1-5 PM

AT RESTORED WELLNESS & RECOVERY SPA

**1329 SPUR DRIVE
SUITE 160
MARSHFIELD**

(BETWEEN WILD HONEY BOUTIQUE AND H&R BLOCK)

**COME OUT AND MEET THE OWNERS , GET AN IN -DEPTH TOUR, AND
LEARN ABOUT THE BENEFICIAL SERVICES THE SPA HAS TO OFFER!
LET US HELP YOU LEARN HOW TO REVIVE AND THRIVE! TAKE YOUR
FIRST STEPS ON YOUR WELLNESS JOUREY**

SENIOR RESOURCE FAIR

Thursday, May 8

10 a.m.—2 p.m.

515 E. Washington St
Marshfield, MO 65706
(Behind the Catholic Church)

Bring a dry goods item —
boxed or canned food —and
be entered into a special prize
drawing.

Brought to you by:
Marshfield Senior Center &
Fair Grove Senior Center

**FREE
EVENT**

**Door Prizes
GIVEN AWAY
ALL DAY!**

- + Complimentary Lunch!
- + Webster County Sheriff's Drug Takeback on Site
- + Free Durable Power of Attorney by Legal Services of SoMO
- + Sight, Hearing, Moving Home Help, & More!
- + Music by The Bakers of Chigger Creek

**In Marshfield and need a
ride? Call OATS
417-887-9272**



□ Mom & Me at the Barre □

Join us Saturday, May 10th at 10:30 am for a special 45-minute class made for moms and their minis (ages 7+)! Move together, laugh together, and enjoy sweet post-class treats. □

□

\$25 per pair | \$20 for members

Very limited spots available! Reserve your spot today!

<https://barrewithbrooke.as.me/?appointmentType=77391017>

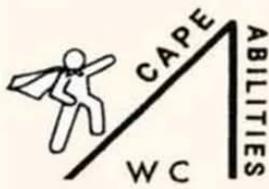


MOM & ME AT THE BARRE

Celebrate Mother's Day with
a fun barre class for moms
and their minis (ages 7+)

Saturday, May 10th at
10:30am





WC CapeAbilities 3rd Annual

FAMILY FUN FEST

MAY 10TH, 2025

9AM - 3PM

FORDLAND CITY PARK



Finley River Boys

- **40 + Vendors**
- **Food & Free Games**
- **Show-Me Jeepers**



The Creek Rocks

- **Wheelchair Mini-Golf**
 - **Entertainment**
 - **Snake Lady Exotics**
-



Missed a newsletter or want to revisit a previous edition?
Catch up on all the latest updates [here!](#)



Marshfield Area Chamber of Commerce
720 W Hubble Drive
Marshfield, MO 65706
(417) 859-3925
director@discovermarshfield.com



Marshfield Area Chamber of Commerce | 720 W Hubble | Marshfield, MO 65706 US

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